HARRY'S

KING OF THE HILL

POWERED BY ALTRA

ATHLETE INFO PACK

Saturday 31 October 2026 · 11:00am

2240 Seymour-Pyalong Rd, Pyalong VIC

READ ALL OF IT

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SECTION 01

WELCOME & INTRODUCTION

G'day legends, welcome to King of the Hill 2026.

You signed up for this because you wanted to find out what's inside you when comfort runs out. That hasn't changed. The hill hasn't changed. What has changed is the production around it. We've spent another year refining everything else so you can focus on the only thing that matters: getting to the start line each and every hour.

The format in one paragraph

Every hour, on the hour, the whole field starts together. You run one **4.2km loop** with two major climbs and roughly **300m of vertical**. Cross the start/finish line before the hour is up and you're in the next one. Whatever time you've got left is yours to eat, sit, sleep and reset. Miss the hour and you're out. It runs until one athlete is left standing and has completed one more lap than anybody else.

LOOP
4.2km
Two major climbs

VERTICAL PER LAP
~300m
Spot height 411m

THE CUT-OFF
60 min
Every hour, on the hour

Train with intent. Embrace the suck. We'll see you on the hill.

From the Harry's team

WHAT'S NEW IN 2026

- **An 11:00am start**, easier for athletes travelling in on the day.
- **Live RFID timing** built into your race bib.
- **The three-year athlete bib.** New for 2026.
- **The camping and rest area layout has been rebuilt from scratch.** Every spot is measured, marked and mapped, with proper walkways so you're not climbing over your neighbour to get out.
- **The parking has been sorted properly.** One car park for everyone, under 500m from the rest area, and paid for before you arrive.
- **A real drop-off / pick-up area**, so you can unload your gear near your spot instead of carrying it across a paddock, and load it back up when you leave.
- **A proper village:** 18 toilets, 4 showers, a beer tent with the broadcast on screen, a recovery tent, and the whole event area lit at night.
- **The Everest patch** for 30 hours on the hill.
- **A production-grade livestream.** When you're suffering out there, you're being seen.

THE PRIZE PURSE IS UP

$33,000 CASH.
$50,000 TOTAL.

Up from $25,000 cash and $40,000 total in 2025. Full breakdown in Section 15.

SECTION 02

KEY EVENT DETAILS

Friday 30 October · the day before

7:00am	Gates open for athlete drop-off and rest area set-up
4:00pm–6:00pm	**Race pack collection at Harry's HQ**
6:30pm	Athlete dinner at Kilmore Trackside (optional)
10:00pm	Gates close for the night

Saturday 31 October · race day

5:30am	Gates open, parking opens, rest area set-up
8:00am–10:00am	**Race pack collection at Harry's HQ**
10:15am	Race brief at the start line. Congregate in the corral to listen. Mandatory for all athletes
11:00am	**First lap**

> **Race pack collection is two two-hour windows, one on each day, and that's it.** Friday 4:00pm to 6:00pm, Saturday 8:00am to 10:00am. **You cannot collect your bib outside those times.**
>
> The gates are open far longer than the collection windows are, so come and set up whenever you like. Just put those four hours in your phone.

SECTION 03

CONTACT INFORMATION

Athlete questions

Alex Cleary · Events Lead
alex@hardcoreharrys.com.au

Entries, transfers, tees, priority spots, parking and format questions. Email is the way in for all of it.

Race Director

Ethan Fleming

Medical team

On-site medical is contracted for 2026 and staffed for the full duration of the event.

Saturday and Sunday: 03 7024 6098
Monday onwards: 0417 344 616

The race runs until one athlete is left, so it can still be going on Monday. Check what day it is before you dial.

In an emergency

Call **000** first. Then notify the nearest event official or the medical tent, point 5 on the site map. Do not wait for an official to make the call for you.

Follow the build-up

- **@harryskingofthehill** — INSTAGRAM
- **Watch it live** — YOUTUBE
- **hardcoreharrys.com.au** — WEB
- **Harry's Challenges** — APP

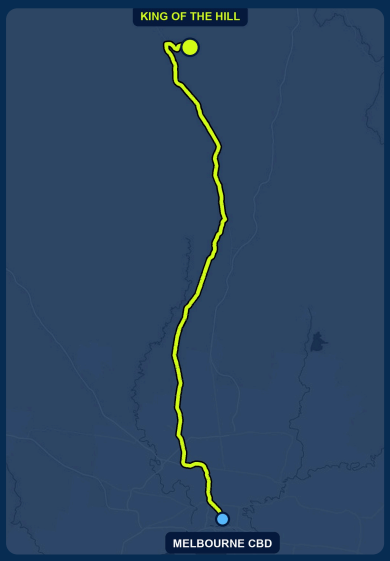
SECTION 04

GETTING THERE

THE ADDRESS

2240 Seymour-Pyalong Rd
Pyalong VIC

A private paddock about 15 minutes outside Pyalong. Ground entry is at **-37.1223211, 144.9033946**.



93km north of Melbourne

About 1hr 30 from the CBD

Straight up the Hume, off at Kilmore, then west into the paddocks. That's a clear run, so add time for Friday afternoon and more again if you're towing.

Driving in

- Navigate to the address or the ground entry coordinates above, **not to Pyalong itself**
- **Reception can be hit and miss out there.** Optus and Telstra both work
- There is one gate. **Do not let yourself in or out.** If you arrive and it's shut, wait in your car and an official will be with you
- **Every vehicle needs a parking pass.** Buy it before you come, see the next page
- The car park is **less than 500m** from the rest area, and you cannot drive to your spot
- **There's a drop-off / pick-up area.** You can unload there, and load back up when you leave. It's marked on the site map in Section 08

PARKING PASSES

Every vehicle coming on site needs a parking pass, athletes and crew alike.

PRE-PAID ONLINE

$40

Per vehicle

PAID AT THE GATE

$69.99

Per vehicle

DO THIS BEFORE YOU COME

Please buy your pass before you get here. This one genuinely matters.

Pre-paid vehicles are scanned and waved through. Everyone paying on the day has to stop, pay and be processed **at a single gate**, and that is how a queue forms on a rural road with one way in. It also tells us how many cars are actually coming, so we can hold enough space for everyone.

The gap in price is deliberate. It isn't a late fee for its own sake, it's there because we want you to sort it now.

Buy your parking pass now

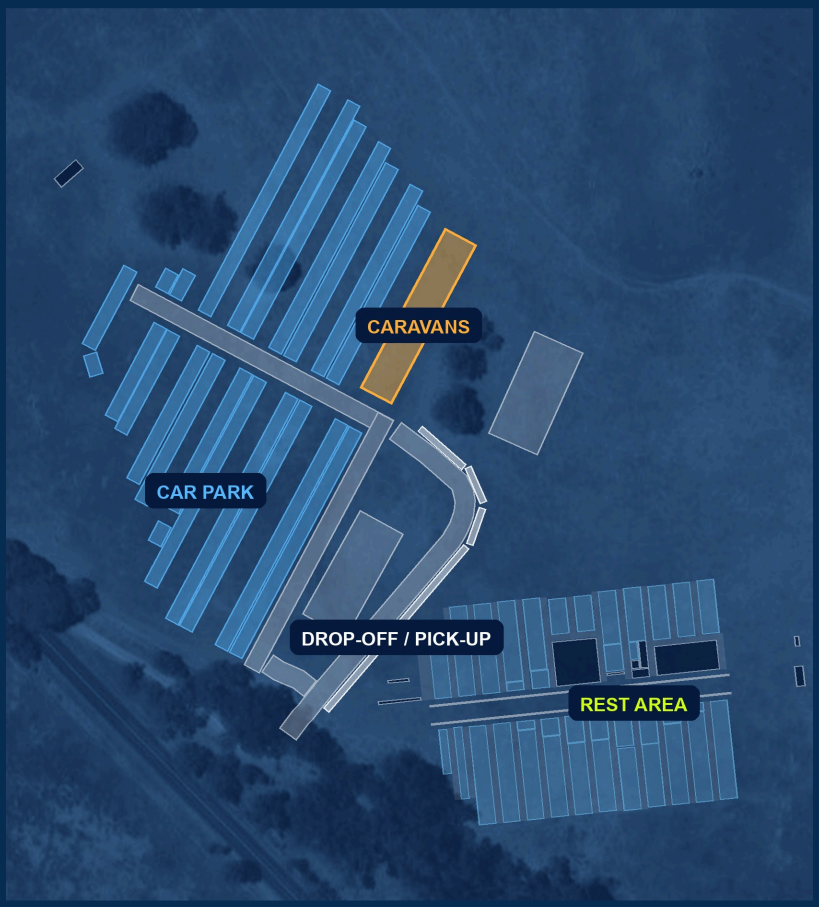
buy.stripe.com/aFabJ17mlgv2c0W3Hpelw0w

How it works

Pay online now, and **your QR code comes closer to the event**, by email and by text. Show the code at the gate on arrival and a sticker goes on your vehicle.

GETTING IN

One gate in, one gate out. It will be busy at times. Please be patient with our staff.



Everything here was walked and measured on site, 31 August 2026. The entry gate is off Seymour-Pyalong Rd.

- **Come in through the one gate.** There is no second entrance and no back way in
- **Expect to queue at the busy times.** Friday afternoon and Saturday morning are the worst of it. The gate crew are moving cars as fast as they can, so go easy on them
- **Driving a 4WD? Put it in four-wheel drive as you come through the gate.** If it's raining the driveway gets slippery, and four-wheel drive stops the road getting chewed up for everyone behind you
- **No pets, service animals only.** That's the whole rule, and it's the same at the gate, in the car park and in the rest area. It's a working paddock with cows, kangaroos and snakes

DROP-OFF, PICK-UP & LEAVING

It's called the drop-off / pick-up area on purpose. It's where you unload on the way in and where you load back up on the way out, and it only works if nobody parks in it.

You cannot leave your car in the drop-off / pick-up area, and you cannot leave it in the driveway. Not for five minutes. Last year people parked in the driveway, got out and walked through the gate, and the whole thing jammed up behind them.

Coming in

- **Unload as fast as you can.** There may be someone there to give you a hand
- **If it's going to take a while, don't hold the area up.** Put all your gear on the ground next to your car, drive the car to the car park, then walk back and carry it in

Leaving

- **Get your gear ready first, then get your car.** Pack up at your spot, carry it to the pick-up area and have it sitting there ready to go
- **Then** walk to your car, drive round, load it in one go and head out
- Follow the exit signs, and **wait at the gate until staff let you through**

Coming and going during the race

We can't tell you that you're not allowed to leave, and with crews coming and going we wouldn't try. But **keep the trips through that gate to as few as you can.**

- **It is one gate, both ways.** At the busy times it is slow
- **There is nothing nearby to leave for.** Bring everything you need in your car when you arrive

CARAVANS & GETTING HERE WITHOUT A CAR

BRINGING A CARAVAN

15 spots. That's it.

When they're gone they're gone, and no additional caravans will be allowed on site.

The caravan pass does not replace your parking pass, it's on top of it. You need both: one pass for the car, one for the caravan.

Same process: pay online, and both QR codes come by email and text closer to the event. Show them at the gate.

Book a caravan spot

buy.stripe.com/9B614n36592A1mi91Jelw0x

If you're thinking about it, do it now. 15 spots across the whole field is not many, and once they're sold, they're gone.

Coming without a car

There is no train to Pyalong and no bus to the site. Rideshare does not meaningfully cover this area, and it certainly won't at 2am when your race ends. Do not plan on being able to hail one.

- **Carpool.** Honestly the answer. Find someone in the field, split the drive, and it's one parking pass between you.
- **V/Line plus a lift.** The Seymour line runs from Southern Cross, and Kilmore East or Broadford are the nearest usable stations, both still a solid drive from the site. If you go this way you must have a lift locked in from the station. Timetables at vline.com.au
- **Get dropped off.** Friday drop-off runs during the gate hours in Section 02. Your driver can come in, unload at the drop-off / pick-up area and leave

STAYING NEARBY & CAMPING

Most athletes camp on site in their rest area. If you'd rather a bed, or your crew would, the nearest town with rooms is Kilmore, about 25 minutes away.

Beds in Kilmore

Kilmore is a small town with a handful of beds and race weekend fills them. **Book early.**

- **Fox on the Run Motel**, central Kilmore. A 29-room motel in the middle of town, short walk to the pub
- **Kilmore Caravan Park**, cabins and powered sites close to town
- **Wallan** (about 15 minutes further south) or **Broadford** (about 10 minutes north) for more rooms, plus Airbnb around Kilmore if those are booked out

> We're not affiliated with any of these, we're just pointing you at what's close. Book direct and book early.

Camping on site

There's a **spectator camping area**, set away from the athlete rest area. It's there so everyone coming to support you has somewhere proper to set up, rather than tents appearing wherever people feel like putting them.

Volunteers have their own camping area again, separate from both.

Caravans have 15 allocated spots and need their own pass on top of a parking pass. See the previous page.

SECTION 05

PRE-RACE INFORMATION

Race pack collection

Collect from **Harry's HQ**, point 2 on the site map in Section 08.

FRIDAY 30 OCTOBER

4–6pm

SATURDAY 31 OCTOBER

8–10am

This is where you pick up **your race bib and your race tee**. Two windows, two hours each, and you can't collect outside them. Saturday's closes at 10:00am sharp, fifteen minutes before the race brief.



Standard. Your number and your first name, with the RFID chip built in.



Three-year athlete. New for 2026.

THE FRIDAY NIGHT DINNER

THE NIGHT BEFORE

Athlete dinner
Kilmore Trackside

22 East Street, Kilmore VIC 3764 · Friday 30 October · from 6:30pm

The night before, we're all getting together for a feed. Two reasons: any last-minute questions get answered face to face, and you get to meet the people you're about to spend the next few days on a hill with.

Alex is there to answer anything, so if you've got a question about the format, the course, your rest area or the gear list, bring it. It's optional and it's relaxed. Come for an hour, come for the night. You buy your own.

Let us know you're coming

Takes about thirty seconds, and it's how we tell the kitchen roughly how many to expect. There's a box on it for anything you want covered on the night.

- Race pack collection at the site finishes at 6:00pm, and Kilmore is about **25 minutes** down the road, so you can do both
- **Site gates close at 10:00pm.** If you're camping Friday night, leave dinner with enough in hand to get back and in
- Bring your crew

THE BRIEF & HOW TO PREPARE

Pre-race brief · 10:15am · at the start line

Congregate in the corral and we'll run through it there. **Mandatory for all athletes.** Last chance to confirm rules, course updates and emergency procedures. If anything has changed on the ground, you hear it here.

How to prepare between now and October

- **It's not about your quickest lap, it's about how many you can repeat.** Nobody wins this by being fast. They win it by still being able to go again.
- **Get your downhill legs in.** Downhill wrecks quads faster than you would believe, and you're doing it every single hour.
- **Practise a walk-jog mix.** That's what carries you deep into an event like this. Try to actually run the full 50 minutes every hour and you'll cook yourself long before the field thins out.
- **Rehearse eating on a short turnaround.** Whatever's left of the hour is your only window, and it shrinks as you slow down.
- **Test every single thing.** Shoes, layers, head torch, fuel, chair, gazebo. Nothing new on race day.
- **Sort your rest area before you arrive.** Know what your setup looks like and practise putting it up once at home.

SECTION 06

DURING THE RACE

The hour

Every athlete still in the race starts each lap together, on the hour. Complete the 4.2km loop and cross the start/finish line inside 60 minutes. Whatever's left of the hour is yours: eat, sit, sleep, fix your feet. Then you're back on the line for the next one.

- **3-minute, 2-minute and 1-minute warnings** precede every lap
- **Waiting Bay:** the gathering area before each lap. Only come back to it after the 3-minute warning
- The MC calls timings on the day, but **you are responsible for managing your own clock**

RFID timing

- RFID is embedded in your race bib. Keep it visible and on you for every lap
- A mat on the start/finish line records every crossing
- Live results stream to the event website and the broadcast

Course marking

The course is marked with poles, ribbons and reflective markers. Do not deviate from the marked course. It's an automatic elimination.

Support during your lap

This isn't a backyard ultra. You may high-five, but no support from crew or spectators during a lap.

You may carry your own food, water and supplies on your person. Support only after you cross the line.

No assistance

- **No headphones during a lap**
- **No trekking poles, hiking poles or any equivalent climbing aid**

Safety & medical

- Medical staff are on-site at all times and can disqualify you on medical grounds. Their decision is final
- Feeling wrong mid-lap? Stop. Flag a volunteer or official. The hill will still be here next year, make sure you are

SECTION 07

THE COURSE

Distance per loop	**4,200 m**
Major climbs	**Two per loop**
Est. elevation gain	**~300 m per loop**
Spot height	**411 m**
Terrain	**Exposed farmland**
Cut-off	**60 minutes**

Course measurements are estimates. The land may make it harder or easier than projected. Prepare for the upper end of either.



The loop Car park & rest area Caravans

The loop is the real GPS trace, running through the start gantry. The village and car park are drawn from the surveyed 2026 layout. Course outside the village is indicative until it's marked on the ground on race week.

ON THE HILL

ON THE COURSE

The Altra Ghee Up

Once you're over the top of the second hill, you hit the Altra Ghee Up: a hype zone run by Altra.

Racing after dark

The whole event area is lit by trailer light tower, but the course is not. **A head torch is mandatory between 8pm and 8am.** The climbs feel longer in the dark and the descents feel faster than they are.

Wildlife

Rural location. Be aware of cows, kangaroos, snakes and other wildlife.

Weather & conditions

Exposed farmland. The heat hits harder and the cold cuts deeper, with nothing out there to hide behind. Hayfever caught a lot of athletes last year. Plan accordingly.

Extreme weather

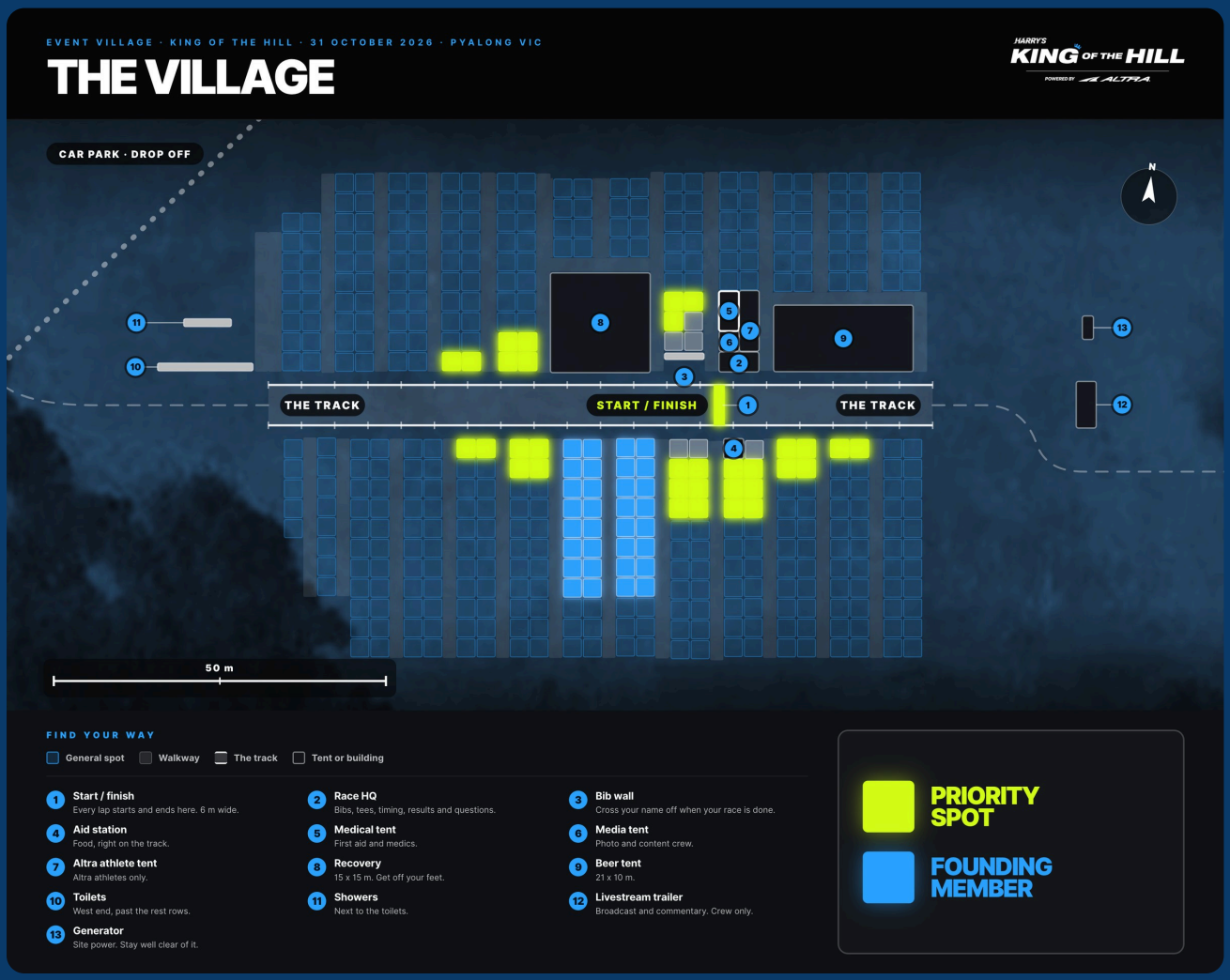
If extreme weather endangers athletes the event may be postponed or cancelled. You'll be notified as soon as possible. Stay across the forecast in the days leading in.

A fire ban applies in line with government protocols regardless of weather.

> **Do NOT visit the site before the event.** It is private property.

SECTION 08

THE VILLAGE



Screenshot this page before you come.

Reception on site is hit and miss. A screenshot in your camera roll beats trying to load anything when you arrive.

SECTION 09

THE REST AREA

Your space

- Every athlete gets a **3m x 3m** spot
- Spots are laid out in pre-marked rows with walkways between them
- Be considerate of the athletes either side of you setting up, and packing down at whatever hour you finish
- You clean up your own spot. Bring bin bags

How you get a spot

COME FRIDAY IF YOU CAN

First in, best rests.

Spots are not allocated. Turn up, find a free marked square, put your gazebo on it. The good spots go to whoever gets there first.

Setting up takes longer than you think. A gazebo, a swag and all your gear carried in from the car park, in the wind, is not a ten-minute job.

So come Friday. Gates are open from 7:00am and you can set up all day. If you leave it to Saturday morning it will be chaos, and you'll start a full day of racing flustered.

PRIORITY SPOTS

Priority spots are the closest to the start line, and you can buy one. They're marked in volt on the site map. If you want to be metres from the line instead of a walk from it, that's what these are for. There are only a few dozen.

They sell out. Once they're gone the only way to get near the front is to arrive very early on Friday and hope.

Claim a priority spot

buy.stripe.com/8×24gzfSR3Ig7KG91Jelw0v

Check-in flow

1. Arrive at the gate, QR scanned, and unload at the drop-off / pick-up area
2. Find a free marked spot and set up
3. Collect your race bib and tee from Harry's HQ inside one of the two windows

SECTION 10

THE VILLAGE

You're living here for up to four days. Here's what's in it.

The beer tent

The social centre of the whole event, and point 9 on the site map.

- **The broadcast plays on screen in there**, so your crew can watch you climb out of the weather, and you can watch the race you're in during your down hours
- **A camp kitchen** for anyone who'd rather not cook at their gazebo
- **Sponsor activations** are set up inside the tent

Recovery

A dedicated recovery tent at point 8, with **ice baths and recovery boots put on by Dopamine Lab**. Between laps it's the best thing on site for your legs. Once you're out, it's where you go to feel human again. Bring a towel and thongs.

Amenities

- **14 toilets** at the event village
- **4 toilets on course**, 3 of those female
- **4 showers** with improved hot water
- **Bring enough water for yourself and your crew** for the whole time you're on site. Work on **20 litres per person per 24 hours** and you won't run short. Don't plan on topping up
- The event area is **lit at night** by trailer light tower
- An **aid station** at point 4, and the **medical tent** at point 5
- **Harry's HQ** at point 2 for anything admin

Food & drink

Food trucks, a coffee van and a BBQ are planned. **Vendor stay length is not guaranteed and you should not rely on them as your only food source.** Bring enough food for the entire time you intend to be on site, plus a day.

SECTION 11

EVENT RULES

Core rules

1. Climb the hill and complete the loop within one hour.
2. Return to the start line at the start of each hour or face elimination.
3. Once you've crossed the line, your remaining time is yours. Sleep, eat, recover.
4. Failing to return before the hour ends is elimination.
5. Veering from the marked course is elimination.
6. Behave inappropriately and you'll be asked to leave.
7. No assistance. No hiking poles, no headphones, no support during a lap.
8. Medical staff are present at all times. They can disqualify you on health grounds and their decision is final.

Elimination triggers

- Failing to complete a lap within the hour
- Voluntary withdrawal
- Cheating
- Going off the designated course
- Leaving the event grounds
- Medical disqualification

Eliminated athletes are welcome to stay and watch, but cannot rejoin the course.

Equipment

- No trekking poles, hiking poles or equivalent
- No headphones during a lap
- Your bib and phone must be on you for every lap

Event officials

- Officials enforce all rules and their decisions are final
- Approach them with questions on the day, that's what they're there for

Parking & entry

- **Every vehicle needs a parking pass.** $40 pre-paid online, $69.99 at the gate. Caravans need a caravan pass on top of that, and there are only 15. Booking links in Section 04
- One car park, under 500m walk to the rest area. Open throughout, closed overnight only
- Your QR code arrives by email and text **closer to the event**, not when you pay
- One main entry and exit point. Do not let yourself in or out. Wait in your car and an official will be with you shortly
- The emergency exit is officials-directed only

SECTION 12

WHAT TO BRING

ON YOUR PERSON, EVERY LAP

Bib. Phone.
Head torch after dark.

That's the whole list. The phone is so you can call for help out there. Everything else is your call.

Everything else

- A **3m x 3m gazebo**, which fits your spot exactly
- Swag, bivy or tent, and sleeping gear rated for a cold night
- Chair, and a second one for your crew. Small table
- Food for the whole time you're here
- Jetboil or butane cooking gear, **only if there's no fire ban**. Bring a no-cook backup
- First aid kit: bandages, antiseptic wipes, blister treatment, snake bandage, personal medications
- Warm layers: pants, heavy top layer, light long-sleeve, beanie
- Waterproof and windproof jacket, hat and sunglasses
- Spare batteries for your head torch
- Spare running shoes, and more socks than you think
- Energy gels, bars, snacks
- Sunscreen and insect repellent
- Power bank, duct tape, salt tablets
- Towel and thongs for the showers and ice baths
- **Cash**, in case the internet drops out and cards stop working
- Bin bags

Leave at home

- Drones, or anything else that flies
- Pets, other than service animals
- Excessive whinging

PRO TIPS

A fly net. Sounds ridiculous until about hour six. The most common thing people wish they'd brought.

Far more water than you think. There is none on site. Everything you and your crew drink over several days comes in with you.

Something with wheels. A wheelbarrow, a cart, a folding trolley. You cannot drive to your spot, so it all has to get there somehow.

SECTION 13

SPECTATORS & SUPPORT CREW

BRINGING YOUR PEOPLE

Every vehicle needs a parking pass.

That's the thing to sort before you come. Your crew can camp in the spectator camping area, and there's a drop-off / pick-up area so you're not carrying gear across a paddock.

This is not a backyard ultra. We encourage high fives.

Crew and spectator rules

- **Nothing changes hands during a lap.** Support them all you like after they cross the line
- **Camp in the spectator camping area**, not in an athlete's 3 × 3 m
- Bring your own food and water. Vendor stay length is not guaranteed
- Be courteous. Disruptive spectators will be asked to leave
- Follow event staff's parking instructions

Can't make it to Pyalong?

The whole event streams live on YouTube with commentary, a live scoreboard and every lap from the gun to the last athlete standing. Free, no sign-up, the full duration of the race.

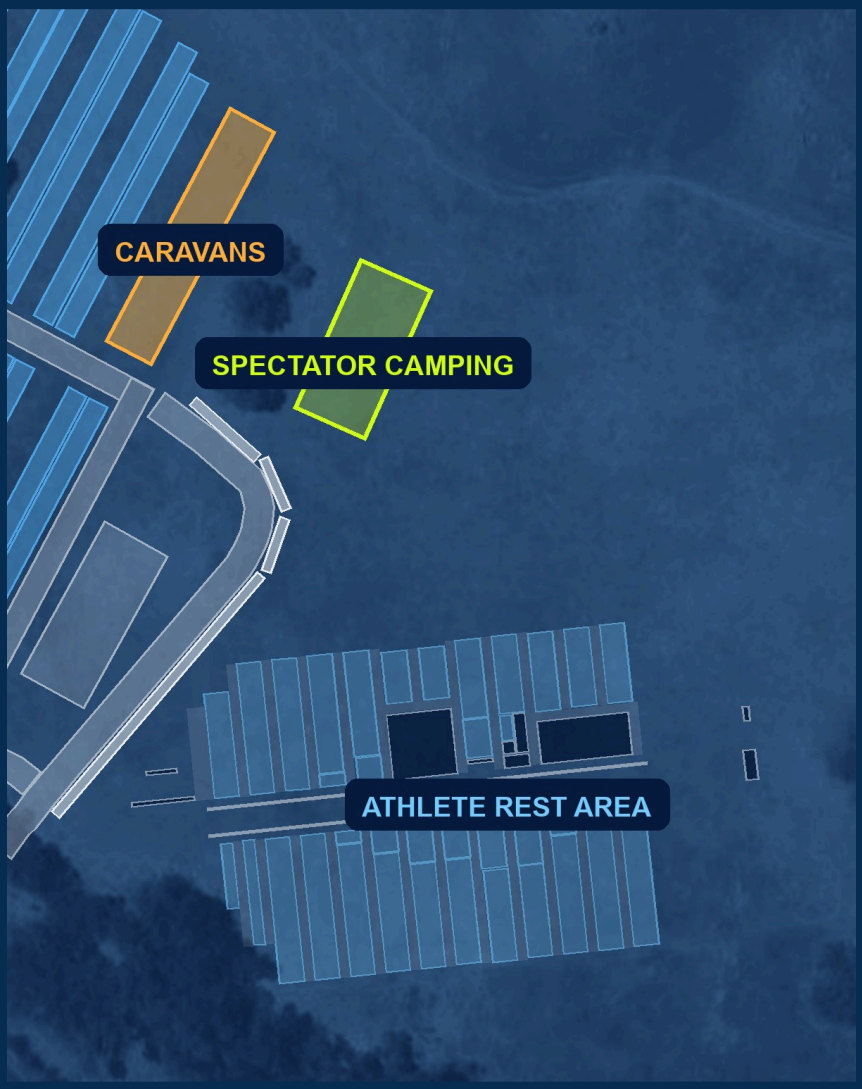
Watch it live on YouTube

youtube.com/@HardcoreHarrys/streams

Send it to your mum. She's going to worry either way, she may as well watch.

WHERE YOUR CREW CAMPS

Nobody has to sleep in an athlete's 3 × 3 m. There's a spectator camping area, and it's about a 100 m walk from the start line.



Spectator camping sits between the car park and the athlete rest area. Drawn from the measured site layout, 4 September 2026.

- **Caravans are a separate thing.** They go in the caravan block beside the car park, and that's a separate booking on top of your parking pass
- **Volunteers have their own camping area**, separate from both

SECTION 14

POST-RACE INFORMATION

How it ends

A winner is declared once they are the last athlete remaining **and** have completed one more lap than the next remaining contestant.

Disqualification & withdrawal

- **Go to Harry's HQ first.** Tell them you're withdrawing and they'll mark you off and confirm your lap count
- **Engrave your trophy**, then go and spray your number onto the bib wall. That's how the wall fills up over the race
- Eliminated athletes are welcome to stay, watch, and use the recovery tent and the beer tent. You just can't rejoin the course

Double DNF

If the final two athletes both call it quits on the same lap, that is **not** a tie or a shared win. It's a DOUBLE DNF. Both athletes are out, and nobody is crowned Last Person Standing.

The only money that doesn't get paid out is the $20,000. That rolls over into next year's prize pool. Everything else is distributed.

IF THE TWO WHO GO OUT ARE	THEN
The same gender	They split that gender's $5,000, so $2,500 each. The other gender's $5,000 still goes to whoever was last on course of that gender.
One male, one female	They each take the $5,000 for their gender.

Either way the **$20,000 Last Person Standing prize rolls over to 2027**, and the fastest lap awards, the Hard Yards Award and the Sherpa Award are still presented.

SECTION 15

PRIZES & AWARDS

THE 2026 PRIZE PURSE

$33,000 CASH.
$50,000 TOTAL.

Up from $25,000 cash and $40,000 total in 2025.

PRIZE	AMOUNT
Last Person Standing	$20,000
Last Male on course	$5,000
Last Female on course	$5,000
Fastest Male	$1,000
Fastest Female	$1,000
The Hard Yards Award	$500
The Sherpa Award	$500

Donna's two awards are on the page after next.

Every athlete walks away with

- Your race bib and race tee
- **A DNF trophy.** Everyone gets one, and **you engrave it yourself**
- The Everest patch, if you got there
- **Your own results graphic**, sent out after the event
- **Your King of the Hill Wrapped**, your whole race summed up
- **Event photography**, shot across the whole race and yours to use
- **Event footage**, so you've got more than a memory of what you did out there

THE ONLY PATCH THERE IS



30 HOURS. 30 LAPS.

Everest is 8,848 metres. At roughly 300 metres of climbing a lap, thirty laps is what it takes to clear it.

DONNA'S TWO AWARDS

Two $500 awards, funded and presented by Donna Walker. Neither is about how far you went. Both are chosen by the Harry's team and handed over on stage.

$500 · THE HARD YARDS AWARD

THE ATHLETE WHO GOT THE MOST OUT OF THEMSELVES

Not the furthest, not the fastest. **The biggest gap between what you turned up with and what you left on the hill.** Your first backyard and you went four laps past anything you had planned. Back off an injury. Still clearing the bell on nothing.

The Last Person Standing and the last of either gender can't win this one. They have already got the cheques.

$500 · THE SHERPA AWARD

THE ATHLETE WHO MADE OTHER PEOPLE'S RACES BETTER

Ran a lap alongside someone who was falling apart. Handed over their own gear or food. **Still on the fence at 4am ghee-ing people through after their own race was done.**

You can win this after you are out, and most of it happens after you are out.

Both are locked in once the last athlete is out, and both are awarded regardless of how the race ends.

SECTION 16

EMERGENCY INFORMATION

In a serious emergency

Call **000** first. Then notify the nearest event official or the medical tent. **Do not wait for an official to make the call for you.**

Medical on the day

Medical is contracted for 2026 and on-site for the full duration of the event, based at the medical tent, point 5 on the site map. Report any injury to officials or medics straight away.

Event contacts

Events Lead · athlete questions	Alex Cleary · alex@hardcoreharrys.com.au
Race Director	Ethan Fleming
Medical Team · Saturday & Sunday	**03 7024 6098**
Medical Team · Monday onwards	**0417 344 616**

Emergency services

Police / Ambulance / Fire · critical incident	**000**
Pyalong Police Station	**(03) 5785 1212**
Kilmore & District Hospital	**(03) 5734 2000**
Bushfire Information Line	**1800 679 737**
State Emergency Service (SES)	**13 25 00**
Fire Rescue VIC	**1300 367 617**
Country Fire Authority VIC	**1800 226 226**

Useful websites: frv.vic.gov.au · cfa.vic.gov.au · ses.vic.gov.au · bom.gov.au

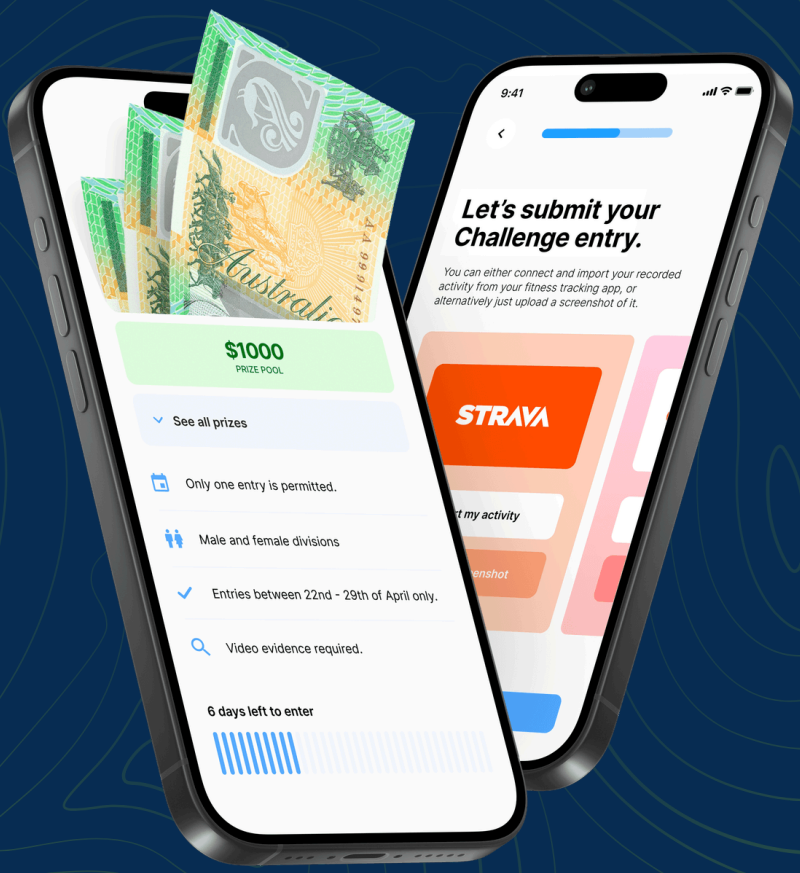
Disclaimer: course distance, elevation and other details are estimates made in good faith. Actual conditions may vary, so prepare for the upper end of either direction. By participating you accept the conditions described in this pack and the signed waiver.

HARRY'S CHALLENGES

KING OF THE HILL IS ONCE A YEAR.

THIS ONE'S MONTHLY.

Real fitness challenges for real cash prizes. Running, cycling, gym, swimming. You pick the challenge, you do the work, you send the proof.



REAL MONEY

Cash prize pools, paid out to the people who win them.

TWO TAPS TO ENTER

Connect Strava or upload a screenshot. Male and female divisions.

GET YOUR CREW ON IT

They can't run your laps for you, but they can have a crack at this.

Available on the App Store

GET IT ON Google Play

Free on both stores. Search **Harry's Challenges**.

FROM THE HARRY'S TEAM

SEE YOU ON THE HILL

Most people will go their whole lives without ever choosing to do something genuinely hard. Not hard because it happened to them. Hard because they picked it.

You're not most people. You put your hand up for this one.

This will test you physically, mentally and emotionally. That is the entire point. We believe character isn't something you're born with, it's something you build in the moments where quitting would be completely reasonable and you go again anyway. What you find out about yourself out there doesn't stay on the hill. You carry it.

We don't care how fast you are. We never have. **At Harry's it's effort over everything.** The person on lap 4 who is completely cooked and lines up anyway is doing exactly the same thing as the athlete on lap 30. Same choice, same courage, different number on the board.

Whatever happens out there, you'll have done something most people never will.

Get after it.
From the Harry's team

PROUDLY BROUGHT TO YOU BY

KING OF THE HILL 2026 PARTNERS

ALTRA®

NAMING PARTNER

KILMORE RACING CLUB

MAJOR PARTNER

And to every volunteer giving up their weekend so this race can happen.

Hardcore Harry's AU Pty Ltd · hardcoreharrys.com.au · @harryskingofthehill